

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Promise Nkosi

Has successfully participated & completed the

10km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

**TIME** 01:33:01

**PACE** 09:18/km

**OVERALL** 535 of 765

**GENDER** 243 of 311

**SENIOR (20-** 111 of 149

39)

26 October 2019, Sat

Date

BoutLime

Signature